



**PRACTICE SET**  
**End Semester Examination, December, 2025**

**Program: B.COM**

**Semester: I**

**Subject: CBHDP-I**

**Subject Code: 32AVAC101**

**Course Outcome:**

On the completion of the Course, the students will be able to:

CO1: Develop a good understanding of intellectual development

CO2: Adapt the concept of constructive roles.

CO3: Analyze the understanding of spiritual and holistic development.

CO4: Correlate the importance of world as a family and enable them to intellectual and holistic development.

**Very short answer question: (Questions from All 4 units) words limit: 50 words**

**Section – I (10 Marks)**

**(01 Marks each question)**

**Unit-1**

1. What is Character? [CO1, Remember] [BTL-LOT]
2. Describe the meaning of Holistic. [CO2,Remember] [BTL-LOT]
3. What is Kosha? [CO2,Remember] [BTL-LOT]
4. Discuss the element and concept of character building. [CO1, Understand] [BTL-LOT]
5. Discuss the importance of holistic development of a character. [CO3, Remember ] [BTL-LOT]

**Unit-2**

6. Discuss the basic concept of Vijnamaya Kosha.[CO3, Discuss] [BTL-LOT]
7. List and briefly explain the five layers of the Koshas?[CO2,Understand] [BTL-LOT]
8. Define personality and explain its significance in understanding human behavior. [CO4,Remember] [BTL-LOT]
9. What is meant by Pancha Kosha? Explain its concept in brief. [CO1, Understand] [BTL-LOT]

**Unit-3**

10. Discuss the word personality? [CO3,Remember] [BTL-LOT]
11. What is the meaning of the term *Prana*? Explain its significance. [CO3,Understand] [BTL-LOT]
12. What are the three bodies in yogic philosophy? [CO3,Remember] [BTL-LOT]

**Unit-4**

13. What are the three Rules of Chanakya? [CO4,Understand] [BTL-LOT]
14. Who is Birsa Munda? [CO4,Remember] [BTL-LOT]
15. Discuss the Bhoodan Andolan. [CO4, Discuss] [BTL-LOT]
16. Who is known as the missile man of India ?[CO4,Remember] [BTL-LOT]
17. Who is Sardar Ballavbhai Patel?[CO4,Remember] [BTL-LOT]
18. Who gave the title “Mahatma” to Gandhiji? [CO4,Remember] [BTL-LOT]

*Short Answer (from first three Units) word limit: 150 words*

**Section-II (18 Marks) 6/9 questions to be attempted**

**3 marks each question**

**Unit-I**

19. What are the key components that contribute to holistic development? [CO1, Remember] [BTL-HOT]
20. What is Manomaya Kosha? Explain its role as the mental sheath in human development? [CO2, Understand] [BTL-LOT]
21. What is the concept of “Panch Kosha”? [CO1, Understand] [BTL-LOT]
22. Define Annamaya Kosha in your own words. [CO3, Remember] [BTL-LOT]
23. Define the benefits of a developed Vijnamaya kosha? [CO2, Remember] [BTL-LOT]

**Unit - II**

24. How Vijnamaya Kosha transform Our Lives? [CO3, Understand] [BTL-LOT]
25. Which kosha is called universal consciousness? [CO3, Remember ] [BTL-LOT]
26. What is the source of Panch Kosha? [CO1, Understand] [BTL-LOT]
27. Explain Anandmaya kosha as a state of bliss [CO3, Analyse] [BTL-LOT]
28. Explains the ways to activate Anandmaya Kosha? [CO3, Understand][BTL-LOT]

**Unit- III**

29. What is the Anandmaya Kosha role in developing personality? [CO2, Apply] [BTL-LOT]
30. Which kosha is the deepest level of the soul?[CO3, Remember] [BTL-LOT]
31. Which kosha is related to the chakras and Nadis?[CO3, Remember] [BTL-LOT]

**Short Answer (from first three Units) word limit: 200 words**

**Section-III (8 Marks) 2/4 questions to be attempted**

**2 Marks each question.**

**Unit-I**

32. Describe the Indian concept of Personality? [CO3, Apply] [BTL-LOT]
33. Explain Panch Kosha in detail. [CO1, Understand] [BTL-LOT]
34. Discuss the components of Holistic Development. [CO3, Understand ] [BTL-LOT]
35. Explain in brief elements and pillars of character building. [ CO1, Understand] [BTL-LOT]

## **Unit - II**

36. Explain the contribution of Manomaya Kosha in developing Anandmaya Kosha.  
[CO3, Understand] [BTL-  
LOT]
37. What are the four functions of intellectual cognitive development?  
[CO2, Understand] [BTL-LOT]
38. What are the main stages of cognitive development?[CO1,Remember] [BTL-LOT]
39. What are fourfold conscience of Manomaya kosha?[ CO1, Understand][BTL-LOT]

## **Unit-III**

40. State the factors promoting the growth of Vijnanamaya kosha?[CO3, Remember] [BTL-  
LOT]
41. State the aspects of Personality Development? [CO3, Remember] [BTL-LOT]
42. Elaborately discuss the 3 doshas in human body..[CO3, Evaluate] [BTL-LOT]

## **Short Essay Writing [Questions only Unit 4] Word Limit: 300**

### **Section-IV (14 Marks) 2/4 questions to be attempted**

#### **7 Marks each question.**

43. Identify the contribution of Dr. Rajendra Prasad as the first President of independent India.  
[CO4, Analyse] [BTL-  
HOT]
44. What is APJ Abdul Kalam famous for? Explain the five invention of Kalam.  
[CO4, Evaluate] [BTL-HOT]
45. Explain the role of M.K Gandhi in freedom struggle [CO4,Analyse] [BTL-HOT]
46. Write a short essay on Rani Laxmi Bai's Contributions in Indian Freedom Struggle.  
[CO4, Create] [BTL-HOT]
47. Prepare a Character sketch on Birsa Munda [CO4, Create] [BTL-HOT]

### Summary Sheet:

#### CO Wise

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CO	Q. No	Marks
CO1	1,4,9,21,26,33,35,38,39	20
CO2	2,3,7,20,23,29,37	14
CO3	5,6,10,11,12,22,24,25,27,28,30,31,32,34,36,40,41,42	38
CO4	13,14,15,16,17,18,43,44,45,46,47	41
	<b>TOTAL MARKS</b>	<b>113</b>

#### Unit Wise

Unit	Q. No	Marks
Unit 1	1,2,3,4,5,19,20,21,22,23,32,33,34,35	28
Unit 2	6,7,8,9,24,25,26,27,28,36,37,38,39	34
Unit 3	10,11,12,29,30,31,40,41,42	20
Unit 4	13,14,15,16,17,18,43,44,45,46,47	31
	<b>Total</b>	<b>113</b>

#### Blooms Taxonomy Level (BTL) Wise

BTL	Q. No	Marks
LOT	1,,3,4,7,8,9,10,13,14,16,17,18, 21,22,25,26,27,28,30,,32,35,37,38,39,42,43	38
HOT	2,5,6,15,19,20,23,24,27,28, 30,31,33,34,35,36,40,41,43,44,45,46,47	66
	<b>Total</b>	<b>104</b>

**Prepared By- Prof. Satarupa Ganguly.**

**Disclaimer:** - This is a Practice Set. The Question in End term examination will differ from the Practice set. This Practice set is meant for practice only.